

ARE YOU CYBERSECURE?

GUIDE TO CYBERSECURITY

UPDATE SOFTWARE OFTEN

- Keep systems, apps, antivirus software, etc., up to date.
- Updates often fix security vulnerabilities.

1



2

USE VPN OR SECURE WIFI

- Use a secure Wi-Fi network.
- Avoid public Wi-Fi
- Use VPN if you use unsecured networks.

PASSWORD SECURITY

- Create different strong, unique passwords for each account.
- Avoid common phrases; mix uppercase, lowercase, numbers, and symbols.
- Enable two-factor authentication whenever possible.

3



4

AVOID PHISHING SCAMS

- Don't click on suspicious links or open unexpected pop ups.
- Verify the sender's identity
- Look for signs of fake emails.

BACK UP DATA REGULARLY

- Protect against malware attacks and data loss.
- Store backup data on an external drive or on cloud.

5



**NOW YOU'RE AN
EXPERT ON
CYBERSECURITY!**